

Notification Date: February 18, 2025 Effective Date: March 4, 2025

# N-Acetylaspartic Acid, Canavan Disease, Urine

Test ID: NAACD

#### **Useful for:**

Diagnosis and monitoring of individuals with Canavan disease

Follow-up quantitation of abnormal organic acid elevations of N-acetylaspartic acid

#### Methods:

Gas Chromatography Mass Spectrometry (GC-MS)

#### **Reference Values:**

< or =50.00 mmol/mol creatinine

### **Necessary Information:**

- 1. Patient's age and sex are required.
- 2. Include family history, clinical condition (asymptomatic or acute episode), diet, and drug therapy information

# **Specimen Requirements:**

**Supplies:** Urine Tubes, 10 mL (T068)

Container/Tube: Plastic, 10-mL urine tube

Specimen Volume: 10 mL

Pediatric: If insufficient collection volume, submit as much specimen as possible in a single

container; the laboratory will determine if volume is sufficient for testing.

**Collection Instructions:** 1. Collect a random urine specimen (first morning void preferred).

2. No preservative.

Minimum Volume: 3 mL

# **Specimen Stability Information:**

Specimen Type	Temperature	Time
Urine	Frozen (preferred)	90 days
	Ambient	14 days
	Refrigerated	90 days

# **Cautions:**

No significant cautionary statements

### **CPT Code:**

83921

Day(s) Performed: Monday, Wednesday, Friday Report Available: 3-6 days

### **Questions**

Contact Melissa Tricker-Klar, Laboratory Resource Coordinator at 800-533-1710.